## IRO Certificate #4599

## NOTICE OF INDEPENDENT REVIEW DECISION

April 9, 2002

Re:	IRO	Case	#	M2-	02-	0488-	-01

has been certified as an independent review organization (IRO) and has been authorized to perform independent reviews of medical necessity for the Texas Worker's Compensation Commission (TWCC). Texas HB. 2600, Rule133.308 effective January 1, 2002, allows a claimant or provider who has received an adverse medical necessity determination from a carrier's internal process, to request an independent review by an IRO.
In accordance with the requirement that TWCC assign cases to certified IRO's, TWCC assigned this case to for an independent review has performed an independent review of the proposed care to determine if the adverse determination was appropriate. For that purpose, received relevant medical records, any documents obtained from parties in making the adverse determination, and any other documents and/or written information submitted in support of the appeal.
The case was reviewed by a physician who is Board Certified in Neurological Surgery. He or she has signed a certification statement attesting that no known conflicts of interest exist between him or her and any of the treating physicians or providers, or any of the physicians or providers who reviewed the case for a determination prior to referral to for independent review. In addition, the certification statement further attests that the review was performed without bias for or against the carrier, medical provider, or any other party to this case.
The reviewer who reviewed this case has determined that, based on the medical records provided, the requested treatment is not medically necessary. Therefore, agrees with the adverse determination regarding this case. The reviewer's decision and the specific reasons for it, is as follows:
This is a case of a 46-year-old female injured in a truck accident Therapy before and after the accident included epidural steroids for lumbar spine, five back operations and two neck operations.  I agree with the decision to deny coverage for the purchase of a high quality mattress and box springs. The primary reason for this is that there is not a definite determination as to the type of bed that is best for spine difficulties. The type of bed that might be beneficial varies a great deal from individual to individual, and without an extensive trial on a bed, it would be difficult to make a determination as to the type of bed to be used. For instance, some of my patients find that a waterbed is the most effective bed for them. In this case, a plywood board between the patient's existing mattress and box springs may well be as helpful as a new mattress and box springs.

This medical necessity decision by an Independent Review Organization is deemed to be a Commission decision and order.

## YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing. A request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within **20** (twenty) days of your receipt of this decision (28 Tex. Admin. Code 148.3). This decision is deemed received by you 5 (five) days after it was mailed (28 Tex. Admin. Code 102.4(h) or 102.5(d). A request for a hearing should be sent to: Chief Clerk of Proceedings, Texas Worker's Compensation Commission, P O Box 40669, Austin, TX 78704-0012. A copy of this decision should be attached to the request.

The party appealing this decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute.

Sincerely,				
Medical Director				
I hereby certify that a copy of the carrier, the requestor and IRO on this day	d claimant via facsim	nile or US Postal S	. ,	
Signature of IRO Represent	ative:			
Printed name of IRO Repres	sentative <sup>.</sup>			